



Created by The Gottman Institute

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Couples Workshop

MODERATED

THE ART AND SCIENCE OF LOVE

OCT 20
NOV 17 2022

REGISTER
ammiraticounseling.com

What do successful couples do to foster romance and harmony in their relationships? Find out at this unique couples workshop created by the foremost relationship experts.

WHAT YOU RECEIVE

- 5 weekly Q&A and discussion Zoom meetings with Terri
- Weekly virtual one-on-one Help Time with Terri
- Lifetime access to video lessons featuring Drs. John & Julie Gottman
- Tools and worksheets that outline actionable step-by-step Gottman Method instruction, and the supporting research.
- Gottman relationships apps

WHAT YOU GAIN

- Improve physical, emotional and mental intimacy
- Recognize and counter the 4 primary behaviors that lead to divorce
- Manage conflict and find resolutions to on-going fight
- Discover and pursue your lifelong dreams as an individual and as a couple
- Develop problem-solving skills as a partnership



PROVEN

Show to achieve results similar to 6 months of marital therapy.



DATA-DRIVEN

Access 40+ years of research with 3,000+ couples.



FOR ALL COUPLES

Provides a roadmap to improve your relationship — no matter what stage it's in.



CERTIFIED
GOTTMAN
THERAPIST



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